Cleveland Clinic Department of Pain Management

The 20th Annual Pain Management Symposium

FEBRUARY 10 – 14, 2018 Hyatt Regency Grand Cypress Hotel | Orlando, FL

2

ANNIVERSARY

REGISTER TODAY! ccfcme.org/2018Pain

ABOUT THE PAIN MANAGEMENT SYMPOSIUM

Cleveland Clinic Department of Pain Management is pleased to offer *The 20th Annual Pain Management Symposium*. We invite you to join us in the beautiful setting of The Hyatt Regency Grand Cypress Hotel in Orlando, FL, during the week of February 10-14, 2018. This dynamic 5-day Symposium will focus on indepth reviews and analyses of recent advances in pain medicine and regional anesthesia/analgesia.

The practice of Pain Medicine is undergoing tremendous changes as a result of therapeutic advances and healthcare reform. This Symposium will promote a better understanding of the pathophysiology of acute and chronic pain, examine the current opioid crisis, enhance knowledge regarding various chronic neuropathic pain conditions, explore the impact of healthcare reform on pain medicine practice and critically review novel state-of-the-art interventional and non-interventional techniques in diagnosis and management of chronic pain, cancer pain, back pain, pharmacology and pain in the elderly. An internationally renowned faculty will provide insightful assessment and clinical practice evaluation of the topics. Each year our attendees look forward to the Saturday evening reception, which promises to be a fantastic social gathering for attendees and faculty.

In addition to the didactic program, attendees have opportunities to participate in a variety of educational activities. Each day begins with informal discussions with faculty during the continental breakfasts and a new program that will provide experience with Reiki and meditation using guided imagery. On Sunday through Tuesday, there are early evening problem-based learning discussions. A special group of educational sessions specifically developed for ARNPs and PAs working in pain practices will take place for the second time during this year's meeting.

Exclusive for practicing physicians and pain medicine fellows in training are unique workshops, offered multiple times throughout the week. They include optional afternoon cadaver workshops on various novel interventional pain management techniques. On Saturday and Sunday we offer live ultrasound-guided workshops covering upper and lower extremity blocks, truncal procedures and relevant pain procedures.

WHO SHOULD ATTEND

Practitioners and health care professionals who seek to learn the latest developments in pain medicine, including anesthesia providers, interventional pain specialists, physical medicine and rehabilitation specialists, orthopaedic and spine surgeons, neurologists, neurosurgeons, headache specialists, palliative care specialists, primary care physicians, physical therapists, physician assistants, nurse practitioners and residents and fellows in training who are interested in the practice of pain management will benefit from this program.

BY ATTENDING, YOU WILL BE ABLE TO:

- Describe the issues surrounding the opioid crisis and the use of opioids for pain management including opioid guidelines, new legislation, addiction potential, and strategies to optimize outcomes.
- Discuss opioid addiction, medication-assisted addiction treatment, and how to recognize addiction in the chronic pain patient.
- Analyze the unique challenges of caring for elderly patients with pain and the potential role of pharmacogenomics.
- Describe new governmental quality and payment programs.
- Develop appropriate strategies to address the economic impact of healthcare reform and that will succeed in a changing healthcare environment.
- Identify rational selection and application of criteria for neuromodulation therapies to optimize patient outcome.
- Summarize rational use of imaging studies to help diagnosis and treat chronic pain.
- Describe the emerging treatments for pain and describe their potential clinical use, including deep brain stimulation, robotic spine surgery, stem cells, neuromodulation, and focused muscle stimulation.
- Describe contemporary approaches to the evaluation and treatment of low back pain.
- Analyze the relationship between pain and the brain, and describe its impact in developing successful treatment programs.



Start your day with a walk around the Hyatt grounds with Deb and Leslie Rain or Shine. Meet in the Lobby at 6 am. Walk until 6:45 am. Bottled Water provided.

SPECIAL ACTIVITIES



SYMPOSIUM DIRECTOR -

Richard Rosenquist, MD

Chairman Department of Pain Management Anesthesiology Institute Cleveland Clinic Cleveland, OH

GUEST FACULTY -

Chad Brummett, MD Michigan Medicine Ann Arbor, MI

Asokumar Buvanendran, MD Rush University Medical Center Chicago, IL

Timothy R. Deer, MD Center for Pain Relief Charleston, WV

Damean Freas, DO Kure Pain, LLC Annapolis, MD

Anita Gupta, DO, PharmD Woodrow Wilson School Princeton University Princeton, NJ

Maged Guirguis, MD Ochsner Clinic New Orleans, LA

Salim Hayek, MD, PhD University Hospitals Cleveland, OH

CLEVELAND CLINIC FACULTY

Elizabeth Casserly, PharmD, RPh Pharmacy

Jianguo Cheng, MD, PhD Department of Pain Management

Sara Davin, PsyD, MPH Center for Neuro-Restoration

Andre Machado, MD, PhD Chairman, Neurological Institute

Nagy Mekhail, MD, PhD Department of Pain Management

CLEVELAND CLINIC PLANNING COMMITTEE -

Robert Bolash, MD Department of Pain Management

Shrif Costandi, MD Coordinator, Symposium Cadaver Workshops Department of Pain Management

Loran Mounir-Soliman, MD Coordinator, Symposium Ultrasound Workshops Departments of Pain Management and General Anesthesiology

Deb McChrystal, OTR Department of Pain Management

Rev Josanne Pagel, MDiv, MPAS, PA-C Clinical Affairs/Physician Assistant Services

Leslie Tolman, RN, BSN Department of Pain Management

Timothy Maus, MD Mayo Clinic Rochester, MN

David Provenzano, MD Pain Diagnostics and Interventional Care Pittsburgh, PA

James P. Rathmell, MD Brigham and Women's Hospital Boston, MA

Ricardo Vallejo, MD, PhD Millennium Pain Center Bloomington, IL

Jan Van Zundert, MD Ziekenhuig Oost-Limburg Genk, Belgium

Linda Watkins, PhD University of Colorado Boulder Boulder, CO

Scott Petersen, PA-C Department of Pain Management

Samuel Samuel, MD Department of Pain Management

Michael Steinmetz, MD Chairman, Department of Neurological Surgery

David Streem, MD Center for Behavioral Health

START YOUR DAY OFF RIGHT

6:30 – 7:30 am Special Approaches

Rev Josanne Pagel, MDiv, MPAS, PA-C (non CME) Sign up at Registration

Sunday and Tuesday

Experience Reiki as a Relaxation Technique 15 minute sessions. Reiki is a Universal Life force which surrounds all of us. Take 15 minutes to experience the calmness and relaxation a Reiki treatment can bring to you and consider how it can be used by your patients as an alternate pain controlling modality. Monday and Wednesday

Simple Meditation Techniques (Guided Imagery) (Applications for clinical practice) Meditation has long been used in many cultures to "calm the mind", promote health and wellness, and in some cases, assist with the treatment of certain conditions. Experience a guided imagery session so that you can relate to your patients the use of meditation in their treatment and care plan.

SATURDAY, FEBRUARY 10, 2018 -

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7:00 am	Registration, Continental Breakfast, and Visit Exhibits Informal Discussion with Faculty
7:50 am	Welcome and Introduction Richard Rosenquist, MD
The Fundam	entals
Moderator: Ro	obert Bolash, MD
8:00 am	Clinical Implications of Glial Dysregulation of Pain and Opioid Actions: Moving From Concept to Clinical Trials! Linda Watkins, PhD
9:00 am	Rational Use of Spine Imaging Timothy Maus, MD
9:30 am	Drug-Drug Interactions in Pain Medicine Practice Anita Gupta, DO, PharmD
10:00 am	Refreshment Break and Visit Exhibits

SUNDAY, FEBRUARY 11, 2018 -

7:30 am	Registration, Continental Breakfast, and Visit Exhibits Informal Discussion with Faculty
Low Back Pa Moderator: Sa	in muel Samuel, MD
8:00 am	Imaging Findings in Lumbar Radicular Pain Timothy Maus, MD
8:40 am	European Guidelines on Low Back Pain Jan Van Zundert, MD
9:00 am	Surgical Treatment of Low Back Pain Michael Steinmetz, MD
9:20 am	Back on TREK: Interdisciplinary Functional Restoration to Decrease Risk for Chronification of Low Back Pain Sara Davin, PsyD, MPH
9:40 am	What is the Role of Spinal Fusion? Michael Steinmetz, MD
10:00 am	Refreshment Break and Visit Exhibits
Emerging Tre	eatments
10:30 am	Robotic Spine Surgery Michael Steinmetz, MD
10:45 am	Stem Cells in Pain Medicine: Mechanisms, Evidence and Application Jianguo Cheng, MD, PhD

MONDAY, FEBRUARY 12, 2018 -

7:30 am	Continental Breakfast and Visit Exhibits	9:00 am	The Role of Acute Care Prescribing in the Opioid
The Opioid (Epidemic Chad Brummett, MD
Moderator: R	ichard Rosenquist, MD	9:30 am	Is There a Role for Chronic
8:00 am	How Did We Get Here and Can We Get Out of This Mess?		Opioids? James P. Rathmell, MD
	Anita Gupta, DO, PharmD	9:50 am	Medication Assisted Addiction
8:20 am	Opioids and the State Medical Board		Treatment David Streem, MD
	Damean Freas, DO	10:10 am	Refreshment Break and
8:40 am	Opioid Addiction David Streem, MD	um	Visit Exhibits



	10:30 am	Anticoagulation and Interventional Pain Procedures: An Update Asokumar Buvanendran, MD
	11:00 am	Effective Use of the Medical Literature to Guide Clinical Practice James P. Rathmell, MD
	11:30 am	The Sacroiliac Joint: Structure, Function, Imaging, Diagnosis and Intervention Timothy Maus, MD
	12:00 pm	Panel Discussion/Question and Answer Period
	12:30 pm	Adjourn
a had a had a had a fait of the start of the	6:30 – 8:30 Join us in co Outside BBC	elebrating our 20th Anniversary!

11:00 am	Deep Brain Stimulation for Stroke Recovery, Depression and Pain Andre Machado, MD, PhD	
11:15 am	Multifidus Muscle Activation to Treat Low Back Pain James P. Rathmell, MD	
11:30 am	New Sacral Nerve Stimulation Methods Timothy R. Deer, MD	
11:45 am	Closed Loop Neuromodulation Nagy Mekhail, MD, PhD	
12:00 pm	Panel Discussion/Question and Answer Period	
12:30 pm	Adjourn	
6:00 – 7:00 pm Problem-based Learning Discussions		

- for the Patient on Chronic Buprenorphine
- B. Recognizing Addiction and Fostering Treatment in the Chronic Pain Patient David Streem, MD
- C. Managing the "Agressive" Patient Sara Davin, PsyD, MPH and Rev Josanne Pagel, MDiv, MPAS, PA-C
- A. To Stop or Not, That is the Question: Acute Pain Management
- Chad Brummett, MD

MONDAY, FEBRUARY 12, 2018 (CONT.) -----

The Economics of Pain Medication

10:40 am	Integrated Care Networks/ Contracts with Hospitals: Can the Solo Practitioner Still Negotiate? David Provenzano, MD
10:55 am	Ethical and Effective Incorporation of Laboratory Testing Into Pain Practice Damean Freas, DO
11:10 am	Acute and Chronic Pain Quality Measures: Current State and Potential Impact Asokumar Buvanendran, MD
11:25 am	Cost Effectiveness of Intrathecal Drug Delivery Robert Bolash, MD
11:40 am	MACRA and MIPS: 2018 Updates Asokumar Buvanendran, MD
11:55 am	ASC Arrangements and Determining Best Site of Service for Payment and Patient Care Richard Rosenquist, MD
12:10 pm	Panel Discussion/Question and Answer Period
12:30 pm	Adjourn

TUESDAY, FEBRUARY 13, 2018 -

7:30 am	Continental Breakfast and Visit Exhibits Informal Discussion with Faculty
Neuromodula	tion: Effective Utilization of
Targets, Tech	niques and Devices nguo Cheng, MD, PhD
8:00 am	Current Understanding of SCS Mechanism of Action Ricardo Vallejo, MD, PhD
8:15 am	Novel Intrathecal Dosing Approaches for Old Drugs Robert Bolash, MD
8:30 am	Percutaneous Versus Paddle Leads: Indications and Relative Benefits Andre Machado, MD, PhD
8:45 am	DRG Stimulation Timothy R. Deer, MD
9:00 am	High Frequency Stimulation Ricardo Vallejo, MD, PhD
9:15 am	New Chemical Entities and Targets for Spinally Delivered Drugs: What's on the Horizon? Salim Hayek, MD, PhD
9:30 am	Burst Stimulation in Clinical Practice Timothy R. Deer, MD
9:45 am	Spinal Cord Stimulation Infection Rate and Incremental Annual Expenditures: Results From a U.S. Payer Database David Provenzano, MD
10:00 am	Refreshment Break and Visit Exhibits
Devices: How my Patient?	tion Changing Paradigms and Do I Choose the Best One for
Moderator: Na	agy Mekhail, MD, PhD
10:30 am	From Bedside to Bench Top Back to Bedside: Can We Apply What We Have Learned?

We Have Learned? Ricardo Vallejo, MD, PhD

PA/ARNP Session

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2:00 pm	Acute Pain Control in the Elderly Scott Petersen, PA-C
2:30 pm	Responsible Prescribing NP/PA Role Rev Josanne Pagel, MDiv, MPAS, PA-C
3:00 pm	Introducing Telehealth Into Your Practice Robert Bolash, MD
3:30 pm	Effective and Appropriate Use of Urine Drug Screening Elizabeth Casserly, PharmD, RPh
4:00 pm	Adjourn
6:00 – 7:00 Problem-ba	0 pm ased Learning Discussions
Strategies t Anita Gupta,	acy, Pain and Drug-Drug Interactions: o Balance Risk and Benefits DO, PharmD and sserly, PharmD, RPh
E. Dalamatan	sic Consensus Conference Recommendations

- E. Polyanalgesic Consensus Conference Recommendations: Applications to Clinical Practice Salim Hayek, MD, PhD
- F. Neuromodulation Optimizing Outcome by Choosing the Correct Technology Ricardo Vallejo, MD, PhD

	11:00 am	Matching the Diagnosis and the Technique/Device for the Best Patient Outcome - A Case Discussion with the Experts Moderator: Nagy Mekhail, MD, PhD Panel: Asokumar Buvanendran, MD Timothy R. Deer, MD Maged Guirguis, MD Salim Hayek, MD, PhD Salim Hayek, MD, PhD David Provenzano, MD Ricardo Vallejo, MD, PhD Jan Van Zundert, MD	
	12:00 pm	Panel Discussion/Question and Answer Period	
	12:30 pm	Adjourn	
	PA/ARNP S	ession	
	2:00 pm	How To (Or Should You) Fire Your Patient for Non-Compliance Rev Josanne Pagel, MDiv, MPAS, PA-C	
	2:30 pm	Tapering Off Opioids? Scott Petersen, PA-C	
	3:00 pm	When Do You Need a Psychologist? Communication Strategies to Engage Patients in Biopsychosocial Treatment Sara Davin, PsyD, MPH	
	3:30 pm	Inpatient Pain Consults – The Good,The Bad and The Ugly Scott Petersen, PA-C	
	4:00 pm	Adjourn	
	6:00 – 7:00 Problem-ba) pm sed Learning Discussions	
		ioid Weaning Strategies h, MD, and Elizabeth Casserly, PharmD, RPh	
	H. Large Specialty Group Versus Small Private Practice: Which is Best for Me? Damean Freas, DO		
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I. Headache Management for the Pain Physician Samuel Samuel, MD

WEDNESDAY, FEBRUARY 14, 2018 -

7:30 am	Continental Breakfast and	Pain Manag	ement in the Elderly Patient
	Visit Exhibits Informal Discussion with Faculty	10:00 am	Opioids in the Elderly Scott Petersen. PA-C
Pain and the	Brain	10.00	
Moderator: Sh	nrif Costandi, MD	10:30 am	Compression Fractures in the Elderly: More Than Meets the Eye
8:00 am	The Impact of Centralized Pain on		Nagy Mekhail, MD, PhD
	Acute and Chronic Pain Outcomes Richard Rosenquist, MD	11:00 am	Drug Metabolism in the Elderly: Can Pharmacogenomics Help Us?
8:30 am	Fibromyalgia – Body or Brain? Maged Guirguis, MD		Anita Gupta, DO, PharmD
		11:30 am	Medical Marijuana in the Elderly
9:00 am	Psychological and Behavioral Strategies in the Management of		Patient: Is There a Role? Samuel Samuel, MD
0.00	Chronic Pain Sara Davin, PsyD, MPH	12:00 pm	Panel Discussion/Question and Answer Period
9:30 am	Refreshment Break and Visit Exhibits	12:30 pm	Adjourn

Optional Live Ultrasound Guided Workshops for Physicians

2:00 – 5:00 pm

Fee: \$500 per workshop session

Only available for physician symposium registrants. Space is limited, so early online registration is recommended.

Saturday, February 10, 2018, Session 1

How to Improve Your Ultrasound Technique, Anatomy of Truncal and Lower Extremity Blocks, and 4 Hands-on Stations: 1) Trunk Blocks (TAP, Intercostal, Rectus Sheath, Iliohypogastric, Ilioinguinal), 2) Lower Extremity Nerve Blocks (Femoral, Obturator, Lateral Femoral Cutaneous Nerve Block), 3) Lower Extremity Joint Injections (Hip, Knee), and 4) Ankle Injections (Posterior-tibial, Plantar Fascia) Faculty: Loran Mounir Soliman, MD; David Provenzano, MD; Shrif Costandi, MD; and Samuel Samuel, MD

Sunday, February 11, 2018, Session 2

Anatomy of Head and Neck Blocks (Stellate Ganglion, Cervical Roots, Brachial Plexus), Anatomy of Shoulder Joint, and 4 Hands-on Stations: 1) Stellate Ganglion Block, Cervical Nerve Root, Brachial Plexus, 2) Shoulder Joint, Suprascapular Nerve, 3) Upper Extremity Peripheral Nerves/ Elbow Injection, and 4) Pudendal Nerve Blocks, Caudal, Pyriformis, SI Joint Injection

Faculty: Loran Mounir Soliman, MD; David Provenzano, MD; Maged Guirguis, MD; and Samuel Samuel, MD

Optional Cadaver Workshops for Physicians

1:30 – 5:30 pm

Fee: \$700 per workshop session

Only available for physician symposium registrants. Space is limited, so early online registration is recommended. The bus will depart at 12:30 pm and a boxed lunch will be provided. Attendees will rotate to each station.

Sunday, February 11, 2018, Session 3

Station 1 – Genicular and Hip RFA Jianguo Cheng, MD, PhD

Station 2 – Cervical Facet Medial Branch RFA James P. Rathmell, MD

Station 3 – Pelvic Pain Techniques (Pudendal Nerve RFA, Ganglion Impar) Robert Bolash, MD

Station 4 – Lumbar Facet Medial Branch RFA and Facet Joint Injection Jan Van Zundert, MD

Monday, February 12, 2018, Session 4

Station $\hat{1}$ – Sympathetic Chain Blocks (Thoracic Paravertebral, LSB) James P. Rathmell, MD

Station 2 – Headache Pain Blocks (Atlanto-Axial Joint, Third Occipital RFA) Maged Guirguis, MD

Station 3 – Discography (Intradiscal Procedures and Transdiscal Biacuplasty) Samuel Samuel, MD

Station 4 – Neurolytic Cancer Blocks (Celiac and Superior Hypogastric Plexus) Shrif Costandi, MD

Tuesday, February 13, 2018, Session 5 – Advanced Session Station 1 – Dorsal Column SCS Lead Placement *Timothy R. Deer, MD*

Station 2 – Trigeminal Nerve Blocks and Sphenopalatine Blocks Salim Hayek, MD, PhD

Station 3 – Sacral Lateral Branch Cooled and Bipolar RFA for Sacroiliac Pain *Jianguo Cheng, MD, PhD*

Station 4 – Vertebroplasty and Kyphoplasty for Compression Fractures Shrif Costandi, MD

GENERAL INFORMATION

Location

Hyatt Regency Grand Cypress Hotel

One Grand Cypress Blvd Orlando, FL 32836 Phone: 407.239.1234

Hotel Accommodations

A limited block of rooms has been reserved at Hyatt Regency Grand Cypress Hotel only until January 18, 2018. To make your reservation, go to **www. ccfcme.org/painhotel** or contact the hotel at 888.421.1442. Identify yourself as an attendee for the **Cleveland Clinic Pain Management Symposium** for special rates of \$245 single/ double plus taxes. The \$30 daily resort fee has been waived.

Parking

Self-parking: \$10/day Valet parking: \$25/day

Information

For further information about this activity, faculty disclosure, and Americans with Disabilities Act, contact the Cleveland Clinic Center for Continuing Education.

Local: 216.444.9990 Website: ccfcme.org/2018pain

Orlando Activities & Events

www.visitorlando.com/about-us

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates

- Pain Management Symposium live activity for a maximum of 23.25 AMA PRA Category 1 Credits[™].
- Optional Cadaver Workshop live activity for a maximum of 4 AMA PRA Category 1 Credits[™] per workshop.
- Optional Ultrasound Guided Workshop live activity for a maximum of 3 AMA PRA Category 1 Credits[™] per workshop session.
- PA/ARNP session live activity for a maximum of 2 AMA PRA Category 1 Credits[™] per session.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the **American Osteopathic Association** for Category 2 credit.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.



Free App for Attendees!

Included with your full registration is a complimentary mobile App available for download on tablets and smartphones, incorporating PowerPoint slides with notetaking and highlighting ability. Take notes at the activity and continue reviewing when you get home. Faculty presentations will also be available online in PDF format on a password protected website. You will have access prior to the activity to allow you to download or print the slides.

REGISTER ONLINE AT ccfcme.org/2018Pain

Fee includes: continental breakfasts, refreshment breaks, faculty PowerPoint presentations in PDF format, available online and via mobile app

	On or Before January 1	After January 1		
Physician	\$900	\$950		
Non-physician	\$525	\$575		
Resident*/Fellow*	\$475	\$525		
CRNA/ PA/CNP	\$700	\$750		
*Letter from program director is required to receive the discounted for If letter is not received the				

*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged.

Group Discount Available

Groups of 3 or more from the same office/institution will receive a 10% discount off the full registration fee. Registrants must call **216.448.8710 to receive a promotional code for special pricing**.

Registration and Cancellation

Preregistrations are accepted until 12:00 noon ET, February 7, 2018. Register on site after this date.

In case of cancellation, email notification is required to process your refund. A full refund will be issued if canceled by January 5, 2018. After January 5, 2018, a \$300 cancellation fee will be deducted from your refund. No refunds will be issued after January 19, 2018.

For questions about registration or cancellation, email us at cmeregistration@ccf.org or call 216.448.8710.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs, or any similar fee penalties incurred as a result of any trip cancellations or changes.

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Cleveland Clinic

The Cleveland Clinic Foundation 9500 Euclid Avenue, TR204 Cleveland, OH 44195

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